

Face to Face Courses

Bradford

Introduction to Make-up with Sheeba Khan

£60.80

Thu 20/05/2021 - 15/07/2021, 13:00 - 15:00, 8 Sessions

Ref: C3679560

@ Highfield Community Centre (Keighley)

An introduction to skincare and makeup covering skin types and colour correction as well as techniques to create looks for a range of occasions.

Introduction to Make-up with Sheeba Khan

£60.80

Wed 19/05/2021 - 14/07/2021, 12:45 - 2:45, 8 Sessions

Ref: C3679559

@ Millan Centre (Bradford)

An introduction to skincare and makeup covering skin types and colour correction as well as techniques to create looks for a range of occasions.

Introduction to Jewellery with Bushra Siddique

£60.80

Mon 17/05/2021 - 12/07/2021, 10:00 - 12:00, 8 Sessions

Ref: C3679562

@ Highfield Community Centre (Keighley)

Learn how to make beautiful jewellery using beads and fire wire.

Henna Flow with Atiya Mushtaq

£60.80

Thu 20/05/2021 - 15/07/2021, 09:30 - 11:30, 8 Sessions

Ref: C3679545

@ Millan Centre (Bradford)

Find out about the traditional art of mehndi and create your own fabulous designs.

Introduction to Jewellery with Bushra Siddique

£60.80

Tue 18/05/2021 - 13/07/2021, 12:30 - 14:30, 8 Sessions

Ref: C3679563

@ Millan Centre (Bradford)

Learn how to make beautiful jewellery using beads and fire wire.

Gardening with Catriona Worrall

£60.80

Tue 18/05/2021 - 13/07/2021, 10:00 - 12:00, 8 Sessions

Ref: C3679544

@ Millan Centre (Bradford)

This course provides an overview of simple gardening and enables students to learn how to garden and grow plants.

Sewing for All with Digital Learning with Safina Khan

£95.00

Mon 19/04/2021 - 05/07/2021, 12:15 - 14:45, 10 Sessions

Ref: C3679554

@ Millan Centre (Bradford)

Develop sewing skills using various strategies, techniques and methods to create unique garments. Build confidence in using digital devices to learn features of Zoom and Canvas, the WEA learning platform.

Introduction to Digital Skills with Zakeria Bibi

£60.80

Mon 17/05/2021 - 12/07/2021, 10:00 - 12:00, 8 Sessions

Ref: C3679543

@ Millan Centre (Bradford)

Build your confidence and skills in using a computer/laptop and also become confident in using Zoom and Canvas for online learning.

West Yorkshire Courses: Summer 2021

Enrol online at wea.org.uk or call 0300 303 34 64



Wakefield

Create your own Keepsake Memory Blanket with Rachael

£47.60

Gorton

Fri 11/06/2021 - 23/07/2021, 10:00 - 12:00, 7 Sessions

Ref: C3679430

@ St Georges Community Centre, Wakefield (WAKEFIELD)

Create a unique and practical item using personal, repurposed fabrics and absorbing needlework techniques.

Managing Stress and Anxiety with Chris Summers

Free

Fri 16/04/2021 - 28/05/2021, 10:00 - 12:30, 7 Sessions

Ref: C3679025

@ St Georges Community Centre, Wakefield (WAKEFIELD)

Understand and manage stress, anxiety and depression, & build self confidence. Introduces a range of personal development models and techniques and explores how to apply them in daily life for the improvement of health and well being.

Mindfulness and Meditation with Chris Summers

Free

Tue 13/04/2021 - 25/05/2021, 13:00 - 15:30, 7 Sessions

Ref: C3679019

@ St Georges Community Centre, Wakefield (WAKEFIELD)

To provide students with the skills & knowledge of a range of mindfulness & meditation techniques from a variety of cultural sources. To encourage learners to apply these techniques in their daily lives, for the improvement of health & well-being.

Reiki for Self Development, Beginners with Chris Summers

Free

Wed 14/04/2021 - 26/05/2021, 10:00 - 12:30, 7 Sessions

Ref: C3679021

@ St Georges Community Centre, Wakefield (WAKEFIELD)

An introduction to the history, principles and practice of Reiki and how these may be applied for self development, building confidence and improving physical and mental health.

Reiki for Self Help, Second Degree with Chris Summers

Free

Wed 14/04/2021 - 26/05/2021, 13:00 - 15:30, 7 Sessions

Ref: C3679022

@ St Georges Community Centre, Wakefield (WAKEFIELD)

An introduction to the techniques and practices from the Second Degree of Reiki and how these may be applied for self development, building confidence and improving physical and mental health.

Self Help and Beyond with Chris Summers

Free

Tue 13/04/2021 - 25/05/2021, 10:00 - 12:30, 7 Sessions

Ref: C3679017

@ St Georges Community Centre, Wakefield (WAKEFIELD)

Introduces a range of personal development models and techniques and explores how to apply them in daily life for the improvement of health and well being. Better manage stress & build confidence in the future.

Aromatherapy for Healthy Mind and Body with Juliana

Free

Gilmartin

Mon 12/04/2021 - 24/05/2021, 13:00 - 15:00, 6 Sessions

Ref: C3679010

@ St Marys Community Centre (PONTEFRAC)

Learn how to treat your mind and body and promote a feeling of wellbeing using essential oils

Make Your Experience Count with Jane Walton

Free

Mon 26/04/2021 - 24/05/2021, 09:30 - 12:30, 3 Sessions

Ref: C3679027

@ St Marys Community Centre (PONTEFRAC)

By the end of the course you will have reviewed your skills and experience, considered your options and opportunities, identified possible challenges and how to overcome them and set some realistic goals for the future.

West Yorkshire Courses: Summer 2021

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Adult Learning
Within Reach

Free

Timeless Wisdom : Principles of Shamanism with Chris Summers

Thu 15/04/2021 - 03/06/2021, 13:00 - 15:30, 7 Sessions

Ref: C3679023

@ St Marys Community Centre (PONTEFRACT)

This course provides an introduction to a range of self development techniques from various shamanic cultural sources and explores how these may be applied to improve physical & mental health. The principles & practices of modern shamanism will be covered.

Face to Face Courses

To keep you and all our other students and staff safe, the number of pre-enrolment places available on these courses is limited and all students **MUST** pre-enrol online or via telephone before attending any of these classes.

You can find out about the health and safety risk assessments and other measures we have put in place by calling our Student Support line on 0300 303 34 64.

Develop your English and Functional Skills Level 1 & 2

Are you looking to develop your skills for employment or take that all important step towards further study?

Then our accredited Functional Skills English qualifications are the right choice for you.

Ready to get started?

To register your interest email us with your phone number:

london@wea.org.uk

Admission to the course is subject to a successful Initial Assessment, (to be completed by 4th April).

Computer/laptop/smartphone and internet access required.

Location: Online.

Level 1: Starts 21st April 2021

Sessions: Every Weds & Thurs
9.30am – 12pm

Level 2: Starts 21st April 2021

Sessions: Every Weds & Thurs
12.30pm – 3.00pm

2 classes every week, each class is 2.5 hours

Enrolment Open: 12th-16th April

Revision Week: 12th July

Exam: Week of 19th July

Alternative course dates may be available.

Online Courses

Archaeology

Archaeology - Roman Power and the Breaking of Roman Britain with Jonathan Kenny £32.00

Wed 9/06/2021 - 07/07/2021, 19:15 - 21:15, 5 Sessions **Ref:** C3679435

This is an opportunity to learn more about what happened to the Roman Empire in Britain. Things began with military might, building towns full of amazing buildings and extracting resources from the land. So why did it all go wrong?

Archaeology -The Making of Roman Britain with Jonathan Kenny £32.00

Wed 28/04/2021 - 26/05/2021, 19:15 - 21:15, 5 Sessions **Ref:** C3679433

This course is designed to introduce you to the beginnings of Roman Britain, how the land was conquered and how the world changed as the Roman Empire took control. From forts to towns, rural settlements to villas, what did the Romans do for us?

Art – Appreciation

Impressionist Art of Northern Europe with Wendy Sanderson £70.40

Wed 21/04/2021 - 07/07/2021, 09:00 - 11:00, 11 Sessions **Ref:** C3679352

Impressionist art is one of the most loved art movements. We have the familiar works of Monet and Renoir but the style percolated around Europe and also across the Atlantic. This course is about discovering who else was painting Impressionist art.

Art Histories: Celebrating Diverse Identities & Confronting Marginalisation with Rachael Gorton £44.80

Thu 6/05/2021 - 24/06/2021, 19:15 - 21:15, 7 Sessions **Ref:** C3679523

To provide an introduction to forms of visual art and artistic production which have been largely overlooked by major European art narratives whilst developing skills to critique the dominant value systems and accounts of Western art history.

Art History/Appreciation: An Introduction to Impressionism with Rachael Gorton £44.80

Wed 14/04/2021 - 26/05/2021, 19:15 - 21:15, 7 Sessions **Ref:** C3679250

An introduction to appreciating Impressionist art in an online group setting. We will explore ideas behind the movement and its difference from other forms of art, as well as identifying and analysing key artists and works.

Art History: Introduction to Post-Impressionism with Rachael Gorton £44.80

Wed 9/06/2021 - 21/07/2021, 19:15 - 21:15, 7 Sessions **Ref:** C3679251

An introduction to appreciating Post-Impressionist art. We will explore what 'Post-Impressionism' means, what influenced its development, how it differs from other forms of art, as well as exploring key artists and works.

Portraits of Shakespeare Claims, Forgeries and Mysteries with Rachael Gorton £12.80

Sat 17/04/2021 - 18/04/2021, 14:15 - 16:15, 2 Sessions **Ref:** C3679240

To coincide with the birthday of William Shakespeare, this short course will explore how Shakespeare is portrayed visually and discuss a vast array of portraits proposed over time, together with their often dubious claims to 'authenticity'.

West Yorkshire Courses: Summer 2021

Enrol online at wea.org.uk or call 0300 303 34 64



Art - Practical

Develop an Impressionistic Style in Drawing and Painting with Rachael Gorton £44.80

Wed 14/04/2021 - 26/05/2021, 14:15 - 16:15, 7 Sessions **Ref:** C3679252
A practical introduction to creating drawings and paintings in an Impressionistic style, focussed on optical effects and specific artistic techniques.

Impressionistic Gardens in Drawing and Painting with Rachael Gorton £44.80

Wed 9/06/2021 - 21/07/2021, 14:15 - 16:15, 7 Sessions **Ref:** C3679256
A practical introduction to creating paintings based on the theme of the garden in an Impressionistic style, focussed on optical effects and specific artistic techniques.

Drawing For Wellbeing, Inspired by Mark Making with Sarah O'Boyle £14.40

Thu 8/07/2021 - 22/07/2021, 11:30 - 13:00, 3 Sessions **Ref:** C3679511
Enjoy creating an exciting visual vocabulary of marks and interesting paper surfaces through a series of mixed media processes that embrace playful, instinctive creative experimentation. Suited to both beginners and those with more experience.

Drawing For Wellbeing, Inspired by Nature with Sarah O'Boyle £28.80

Wed 9/06/2021 - 14/07/2021, 11:30 - 13:00, 6 Sessions **Ref:** C3679509
Explore the beauty found in nature through a series of relaxing activities that include creating a decorative flower design, a landscape illustration and a temporary natural mandala. Suited to both beginners and those with more experience.

Inspiring Your Art with Jane McDonald £64.00

Fri 16/04/2021 - 25/06/2021, 11:45 - 13:45, 10 Sessions **Ref:** C3679491
Explore visual creative work made by people of different cultures through creating your own work and by critical analysis.

Introduction to Mandala Design with Sarah O'Boyle £28.80

Thu 13/05/2021 - 24/06/2021, 11:30 - 13:00, 6 Sessions **Ref:** C3679510
Suited to both beginners and those with more experience, this new course will give learners the opportunity to explore the relaxing qualities of mandala design through a series of creative activities that include black and white, mixed media and collage.

Community Interpreting

Community Interpreting Initial Assessment with Edyta Bogdanowicz Free

Mon 19/04/2021 - 19/04/2021, 10:00 - 11:00, 1 Sessions **Ref:** C3679533
This session will provide you with information about the Community Interpreting courses we offer that are accredited through Certa. You will be asked to complete an assessment task that will help us to see which course is right for you.

Level 2 Award in Preparation for Work in Community Interpreting with Andrea Fernandes Borges Goodman £187.00

Tue 13/04/2021 - 06/07/2021, 19:15 - 21:15, 25 Sessions **Ref:** C3679167
The course aims to prepare people for working or volunteering as a community interpreter.

West Yorkshire Courses: Summer 2021

Enrol online at wea.org.uk or call 0300 303 34 64



Adult Learning
Within Reach

£76.80

Understanding the Role of a Community Interpreter with Edyta Bogdanowicz

Wed 28/04/2021 - 14/06/2021, 09:15 - 11:15, 12 Sessions

Ref: C3679555

The course is aimed at students who are interested in a career in Community Interpreting. It offers the opportunity for students who are speakers of other languages to learn about the role of a community interpreter.

Cooking Practical

Healthy Eating on A Budget with Catherine Wilcock

£16.00

Mon 26/04/2021 - 24/05/2021, 09:30 - 11:30, 5 Sessions

Ref: C3679535

This online course is a five week introduction to healthy cooking on a tight budget.

Craft

Advanced Crochet with Victoria Bould

£25.00

Tue 27/04/2021 - 18/05/2021, 11:45 - 13:45, 4 Sessions

Ref: C3679236

In this class we will look at some more advanced crochet techniques and will utilise these new skills, as well as skills learned in previous courses, to create a soft toy.

Creative Crafts for Wellbeing with Jane McDonald

£64.00

Thu 15/04/2021 - 24/06/2021, 09:00 - 11:00, 10 Sessions

Ref: C3679474

You will be invited to develop easily achievable arts and crafts skills using materials that are readily available. Explore wellbeing through creative activity at each session and share ideas and outcomes.

Crochet for Beginners with Victoria Bould

£32.00

Mon 12/04/2021 - 17/05/2021, 14:15 - 16:15, 5 Sessions

Ref: C3679229

In this course students will learn the basic skills and knowledge required to get started in crochet.

Crochet your own Slippers with Nazmeen Sadiq

£32.00

Tue 13/04/2021 - 18/05/2021, 09:00 - 11:00, 5 Sessions

Ref: C3679478

We will look at the basics of creating your own crochet slippers, learning the skills and techniques required to get started. This course is aimed at those with little or no experience.

Dressmaking and Embroidery with Nazmeen Sadiq

£57.60

Fri 16/04/2021 - 25/06/2021, 09:00 - 11:00, 9 Sessions

Ref: C3679479

The aim of this course is to empower learners with a new skill for life and for them to develop their sewing skills and techniques.

Explore the Potential of Paper (Crafts) with Rachael Gorton

£38.40

Mon 12/04/2021 - 24/05/2021, 14:15 - 16:15, 6 Sessions

Ref: C3679248

To explore creative techniques to transform paper into useful & beautiful objects. Projects will be ideal for upcycling waste paper, but not just through simple children's crafts - we will cut, pleat, fold, coil, roll, weave & apply in unusual ways.

Introduction to Craftivism with Gill Smith

£28.80

Mon 12/04/2021 - 24/05/2021, 19:00 - 20:30, 6 Sessions

Ref: C3679493

Explore the history & development of Craftivism & find out how it has been used by various groups to support their causes. It includes a practical element where you will be helped to make your own work, supporting or highlighting a cause or concern of your own.

West Yorkshire Courses: Summer 2021

Enrol online at wea.org.uk or call 0300 303 34 64



Make Your Own European or Asian Style Dress Pattern (Part 1) with Amarjit Kaur Sahota

Fri 23/04/2021 - 16/07/2021, 11:45 - 13:45, 12 Sessions

Ref: C3679526

In this course you will learn to take your own body measurements and draft dress patterns. Students will also produce a reference file.

Making Small Projects and Selling online with Nazmeen Sadiq

£64.00

Mon 12/04/2021 - 28/06/2021, 09:00 - 11:00, 10 Sessions

Ref: C3679477

We will be looking at making small textile projects and selling them online or to family and friends, so in short, the idea is to make cash from crafts using your sewing machine!

Nature Crafts with Jane McDonald

£64.00

Thu 15/04/2021 - 24/06/2021, 11:45 - 13:45, 10 Sessions

Ref: C3679473

Use nature and natural materials to create a variety of arts and crafts items. Learn new skills and share your ideas with others.

Sew Your Own European/Asian Style Dress (Part 2) with Amarjit Kaur Sahota

£76.80

Tue 20/04/2021 - 13/07/2021, 16:45 - 18:45, 12 Sessions

Ref: C3679524

In this course you will learn how to use the correct techniques to make European and/or Asian dress styles. Students will also produce a reference file.

Sewing your own trouser pattern with Amarjit Kaur Sahota

£76.80

Thu 22/04/2021 - 15/07/2021, 11:45 - 13:45, 12 Sessions

Ref: C3679525

You will draft a trouser pattern using your own personal measurements and explore a variety of basic pattern cutting techniques to make a toile. You will fit your toile and transfer the information to the pattern.

Soft Furnishings with Safina Khan

£64.00

Thu 22/04/2021 - 08/07/2021, 11:45 - 13:45, 10 Sessions

Ref: C3679486

Create soft furnishings for your home using new and old fabrics and various sewing techniques to make curtains, cushion covers, pillow cases and more.

Creative Writing

Creative Reading and Writing: Prompted by Four Short Books with John Clarke

£64.00

Wed 21/04/2021 - 07/07/2021, 14:15 - 16:15, 10 Sessions

Ref: C3679259

This main purpose of this course is to promote reading, discussion and creative writing and to take pleasure and satisfaction from those activities. The four books will cover a range of genres and they will also be accompanied by a poem.

Creative Writing with Anna Turner

£64.00

Thu 29/04/2021 - 08/07/2021, 11:45 - 13:45, 10 Sessions

Ref: C3679522

Form a regular writing habit, extend your writing abilities and gain confidence in writing. Try different types of writing.

Creative Writing (Beginners) with Anna Turner

£64.00

Tue 4/05/2021 - 13/07/2021, 09:00 - 11:00, 10 Sessions

Ref: C3679501

Inspiration and support for anybody who has ever wanted to write stories, poetry or memoir. Suitable for beginners but also for students with some experience who wish to take things at a more leisurely pace.

West Yorkshire Courses: Summer 2021

Enrol online at wea.org.uk or call 0300 303 34 64



Creative Writing Advanced with Anna Turner

Tue 4/05/2021 - 13/07/2021, 11:45 - 13:45, 10 Sessions

Ref: C3679502

Maintain a regular writing habit, extend your writing abilities and gain confidence in writing. Try different types of writing.

£64.00

Place Writing: Reading & Writing Group with Anna Turner

Wed 28/04/2021 - 30/06/2021, 17:00 - 18:30, 10 Sessions

Ref: C3679520

Study writing about place in various formats and discuss these with the group. Use these pieces of writing, along with your own experience of place, as inspiration for new work.

£64.00

Poetry For the Heart: Poetry Writing Workshop with Sally Baker

Thu 15/04/2021 - 24/06/2021, 11:45 - 13:45, 10 Sessions

Ref: C3679512

This is a poetry writing workshop where we will read poems by published poets to inspire new writing. We will look at a variety of contemporary and traditional poems on the theme and discuss how poetry can be good for the heart.

£64.00

Poetry: Mary Oliver's Wild Geese with John Clarke

Mon 12/04/2021 - 19/04/2021, 14:15 - 16:15, 2 Sessions

Ref: C3679238

The main aim of this course is to use Mary Oliver's poem Wild Geese as a starting point for some wider reading and for creating some written responses.

£20.00

Summer Poetry Workshop with Sally Baker

Thu 15/04/2021 - 24/06/2021, 14:15 - 16:15, 10 Sessions

Ref: C3679518

This is a poetry writing workshop where we'll read poems by published poets to inspire new writing. The theme of Summer will be reflected in the course content.

£64.00

Family History

Family History - New Sources or Old? with Jacqueline Depelle

£28.80

Depelle

Thu 8/04/2021 - 13/05/2021, 09:30 - 11:00, 6 Sessions

Ref: C3679470

Explore Family, Local and House History through a series of case studies presented by experienced Family History Tutor, Jackie Depelle. Projects will cover a range of sources which, when brought together, combine to make an illustrated narrative account.

Family History - New Sources or Old? with Jacqueline Depelle

£28.80

Depelle

Wed 12/05/2021 - 23/06/2021, 09:30 - 11:00, 6 Sessions

Ref: C3679286

To explore Family, Local and House History through a series of case studies presented by experienced Family History Tutor, Jackie Depelle. Projects will cover a range of sources which, when brought together, combine to make an illustrated narrative account.

Family History - The Essentials with Jacqueline Depelle

£14.40

Wed 7/04/2021 - 21/04/2021, 09:30 - 11:00, 3 Sessions

Ref: C3679349

An essential steps review for family historians who perhaps have made a start or are yet to take the plunge. Review key steps, strategies and sources. Ideal for new genealogists, those needing some guidance and those who just love family history!

Maps for Family and Local History with Jacqueline Depelle

£19.20

Thu 27/05/2021 - 01/07/2021, 09:30 - 11:00, 4 Sessions

Ref: C3679472

Look at a variety of maps and where applicable their associated documents, reviewing their value for research. The predominant focus of the course content will be in respect of Family, House and Local History studies.

West Yorkshire Courses: Summer 2021

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Fitness & Exercise

Yoga and Breathing for Anxiety and Stress with Sally Turner

£51.20

Wed 5/05/2021 - 23/06/2021, 11:45 - 13:45, 8 Sessions

Ref: C3679497

Learn easy-to-access yoga techniques which can help you through these difficult times.

Yoga for Insomnia with Sally Turner

£51.20

Thu 6/05/2021 - 24/06/2021, 19:15 - 21:15, 8 Sessions

Ref: C3679496

Learn a simple set of ideas, yoga movements and breathing to help you sleep at night.

Foreign Languages

Continuing Latin for Pleasure with Penelope Fewster

£70.40

Fri 16/04/2021 - 02/07/2021, 09:00 - 11:00, 11 Sessions

Ref: C3679221

To promote enjoyment of reading classical Latin literature and to enable students to become independent readers of Latin.

French Intermediate to Advanced Listening and Conversation Skills with Sylvia May

£33.60

Wed 28/04/2021 - 16/06/2021, 09:30 - 11:00, 7 Sessions

Ref: C3679508

This course is designed for students with intermediate/advanced knowledge of French. The purpose is for students to practise their listening skills using French magazine articles and to participate in role-plays and discussions in small groups.

French Upper Intermediate with Diane Gant

£64.00

Thu 15/04/2021 - 24/06/2021, 19:15 - 21:15, 10 Sessions

Ref: C3679257

To further enhance French language skills and knowledge with regard to shopping for food, seeking and following medical advice, finding places and talking about future holidays and different countries of the world.

Holiday French with Diane Gant

£38.20

Mon 10/05/2021 - 21/06/2021, 19:15 - 21:15, 6 Sessions

Ref: C3679258

To introduce students to the basics of the French language and culture with regard to introducing themselves, ordering food and drinks, buying food and specifying quantities.

Latin for Beginners (Term 3) with Penelope Fewster

£70.40

Fri 16/04/2021 - 02/07/2021, 11:45 - 13:45, 11 Sessions

Ref: C3679220

This course is the third term of a beginners' course in Latin. By the end of it learners will have a good foundation in the Latin language.

Latin for Beginners (Term 3) with Penelope Fewster

£70.40

Thu 15/04/2021 - 01/07/2021, 11:45 - 13:45, 11 Sessions

Ref: C3679218

This course is the third term of a beginners' course in Latin. By the end of it learners will have a good foundation in the Latin language.

Urdu and Eid: Language and Festival with Safina Khan

£10.00

Wed 12/05/2021 - 12/05/2021, 12:45 - 14:45, 1 Sessions

Ref: C3679528

A brief introduction to a few simple, everyday Urdu words and phrases, together with an overview of the Festival of Eid and how it is celebrated today.

Urdu and Eid: Language and Festival with Safina Khan

£10.00

Wed 19/05/2021 - 19/05/2021, 12:45 - 14:45, 1 Sessions

Ref: C3679529

A brief introduction to a few simple, everyday Urdu words and phrases, together with an overview of the Festival of Eid and how it is celebrated today.

West Yorkshire Courses: Summer 2021

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Healthy Living

Food Hygiene for Speakers of Other Languages with Qing Chang

Free

Mon 19/04/2021 - 07/06/2021, 09:00 - 11:00, 7 Sessions

Ref: C3679115

The course is a bridging course which helps ESOL learners with their understanding of basic food hygiene regulations and good practices as well as key vocab for the topic.

Homeopathy for Improvers and Beginners with Janette Humphreys

£33.60

Mon 10/05/2021 - 28/06/2021, 09:30 - 11:00, 7 Sessions

Ref: C3679507

A practical and informative course for beginners and Improvers.

Steps Towards Wellbeing with Zakeria Bibi

£51.20

Thu 20/05/2021 - 15/07/2021, 11:45 - 13:45, 8 Sessions

Ref: C3679488

The aim of the course is to raise awareness of mental health, to build your confidence and together work through simple mindfulness activities.

Hearing Loss and Communication Support

British Sign Language (BSL) Support Group With Caroline Cleghorn

£76.80

Thu 22/04/2021 - 15/07/2021, 09:15 - 11:15, 12 Sessions

Ref: C3679172

A continuous course from BSL Basics to give learners the chance to practice BSL in a group setting, continuing to learn new signs and more about Deaf Culture.

Holistic Therapy

Aromatherapy. Detox your Home with Juliana Gilmartin

£44.80

Tue 8/06/2021 - 20/07/2021, 14:15 - 16:15, 7 Sessions

Ref: C3679302

Learn how you can have a naturally clean home by replacing harsh chemicals with your own natural products, made with essential oils.

Aromatherapy for Health and Wellbeing with Juliana Gilmartin

£44.80

Tue 13/04/2021 - 25/05/2021, 11:45 - 13:45, 7 Sessions

Ref: C3679281

Explore a variety of essential oils, learn how to use them and include them in your lifestyle to help improve your overall wellbeing.

Basic Anatomy and Physiology for Skin Care with Juliana Gilmartin

£44.80

Wed 14/04/2021 - 26/05/2021, 14:15 - 16:15, 7 Sessions

Ref: C3679283

During this course you will study the skin and bones of the face, head and scalp, and muscles of the face, head and scalp. You will also study a range of skin conditions, diseases and disorders.

DIY Aromatherapy for Skin and Bodycare with Juliana Gilmartin

£44.80

Tue 13/04/2021 - 25/05/2021, 14:15 - 16:15, 7 Sessions

Ref: C3679282

This course aims to look at different ways you can use essential oils to improve your beauty regime. It will focus on body and skin care and how you can make your own skin and body care products to suit your individual needs.

West Yorkshire Courses: Summer 2021

Enrol online at wea.org.uk or call 0300 303 34 64



£44.80

Introduction to Facial Skincare with Juliana Gilmartin

Wed 9/06/2021 - 21/07/2021, 14:15 - 16:15, 7 Sessions

Ref: C3679304

You will learn about different skin types and what products you can use for your skin. You will observe some basic facial massage techniques and take the opportunity to carry them out.

Relaxation and Aromatherapy with Juliana Gilmartin

£44.80

Tue 8/06/2021 - 20/07/2021, 11:45 - 13:45, 7 Sessions

Ref: C3679292

This course will focus on the benefits of using essential oils to help promote a state of relaxation for the mind, body and soul.

Music Making

CLOTHCAT: An Introduction to Electronic Music Production and Ableton with Daniele De Lissandri

£64.00

Tue 20/04/2021 - 29/06/2021, 16:45 - 18:45, 10 Sessions

Ref: C3679284

Develop creative and musical skills with an understanding of the key elements to music tracks and works. Develop learners' skills to a level where they can make original music confidently using Ableton Live software.

Personal Development

Confidence to Get that Job with Judith Browne

£25.60

Mon 19/04/2021 - 14/06/2021, 12:00 - 14:00, 8 Sessions

Ref: C3679537

This course is designed to enhance confidence and build support for people looking to get employment.

Develop your Employability Skills with Angela Hart

Free

Tue 11/05/2021 - 22/06/2021, 09:00 - 11:00, 6 Sessions

Ref: C3679464

To equip learners with the confidence, skills, knowledge and understanding to enter or return to the workplace.

Mental Health Awareness with Zakeria Bibi

£38.40

Tue 18/05/2021 - 29/06/2021, 11:45 - 13:45, 6 Sessions

Ref: C3679490

To raise awareness of mental health with a view to making positive changes in your life.

New Directions with Jane Walton

£44.80

Mon 14/06/2021 - 26/07/2021, 09:00 - 11:00, 7 Sessions

Ref: C3678066

This course will provide students with the skills, knowledge and confidence they need to progress their next steps professionally and personally.

Personal Development (2) with Zakeria Bibi

£51.20

Wed 19/05/2021 - 14/07/2021, 16:45 - 18:45, 8 Sessions

Ref: C3679487

The aim of the course is to develop your interpersonal skills.

Professional Development

Building Resilience with Caroline Cleghorn

£38.40

Thu 10/06/2021 - 15/07/2021, 11:30 - 13:30, 6 Sessions

Ref: C3679353

The course is to help people recognise what resilience is and learn how they can become more resilient in their daily lives at home and at work.

Schools, Parenting and Child Development

Introduction to Helping in a School with Angela Hart

Free

Tue 20/04/2021 - 08/06/2021, 11:45 - 13:45, 7 Sessions

Ref: C3679169

To give parents the background knowledge and confidence to become effective parent helpers in school and support their children's learning at home.

West Yorkshire Courses: Summer 2021

Enrol online at wea.org.uk or call 0300 303 34 64



Introduction to Helping in a School with Cynthia Augustine

Tue 27/04/2021 - 08/06/2021, 11:45 - 13:45, 7 Sessions

Ref: C3679527

To give parents and carers the background knowledge and confidence to become effective parent helpers in school and support their children's learning at home.

Free

Introduction to Working in SEND with Cynthia Augustine

Tue 15/06/2021 - 13/07/2021, 11:45 - 13:45, 5 Sessions

Ref: C3679553

This course has been designed to introduce students to the concept of Special Educational Needs and Disability (SEND) and the range of conditions involved. It is a first step towards the WEA's accredited Helping with SEND in Schools course.

Free

Textiles and Fashion

Sew Along - Make Your Own Coat with Safina Khan

£96.00

Thu 22/04/2021 - 08/07/2021, 09:00 - 12:00, 10 Sessions

Ref: C3679485

Draft a free-style coat pattern using measurements from a ready made coat, then develop sewing skills, techniques and methods to make your own coat. Build confidence in using zoom, canvas and become an independent learner.

Sew along- Make Your Own Coat with Safina Khan

£96.00

Tue 20/04/2021 - 06/07/2021, 12:00 - 15:00, 10 Sessions

Ref: C3679484

Draft a free-style coat pattern using measurements from a ready made coat, then develop sewing skills, techniques and methods to make your own coat. Build confidence in using zoom, canvas and become an independent learner.

Sewing for Wellbeing with Safina Khan

£64.00

Tue 20/04/2021 - 06/07/2021, 09:00 - 11:00, 10 Sessions

Ref: C3679483

Enhance your wellbeing and develop skills in sewing using various strategies, techniques and methods to create unique garments. Build confidence in using Zoom and Canvas to become an independent learner.

Using Computers, Tablets and Mobile Devices, Software & Social Media

Everyday IT with Nisar Choudhary

£19.20

Wed 28/04/2021 - 26/05/2021, 17:30 - 19:30, 5 Sessions

Ref: C3679536

This course will help you to develop your confidence to use IT applications. You will learn to use your phone more effectively, use Zoom, create CVs, job search and submit job applications.

Introduction to Digital with Caroline Cleghorn

Free

Tue 20/04/2021 - 15/06/2021, 09:00 - 11:00, 8 Sessions

Ref: C3679113

This course will help you to develop your digital skills using a range of different applications and learn how these can assist you in doing administrative tasks independently.

Learn to Learn with Zoom and Canvas with Safina Khan

Free

Mon 19/04/2021 - 24/05/2021, 09:00 - 11:00, 5 Sessions

Ref: C3679480

This Zoom and Canvas Course will help you to enrol on WEA courses and develop your digital learning skills on Zoom and Canvas.

Learn to Learn with Zoom and Canvas with Safina Khan

Free

Mon 7/06/2021 - 05/07/2021, 09:00 - 11:00, 5 Sessions

Ref: C3679481

This Zoom and Canvas Course will help you to enrol on WEA courses and develop your digital learning skills on Zoom and Canvas.

West Yorkshire Courses: Summer 2021

Enrol online at wea.org.uk or call 0300 303 34 64



Adult Learning
Within Reach

£32.00

Learn to Learn with Zoom and Canvas with Nazmeen Sadiq

Wed 21/04/2021 - 26/05/2021, 09:15 - 11:15, 5 Sessions

Ref: C3679492

This Zoom and Canvas Course will help you to enrol on WEA courses and develop your digital learning skills on Zoom and Canvas.

Step into Digital with Caroline Cleghorn

Free

Tue 20/04/2021 - 13/07/2021, 11:45 - 13:45, 12 Sessions

Ref: C3679112

Develop your digital skills using a range of different applications and learn how how these can assist you in doing administrative tasks independently.

Volunteering

Skills for Volunteers with Jane Walton

£44.80

Wed 16/06/2021 - 28/07/2021, 09:00 - 11:00, 7 Sessions

Ref: C3678064

Gain the skills, knowledge and qualities required to be an effective volunteer.

Learners will also find out how to identify and apply for volunteering opportunities.

Skills for Volunteers in Leeds with Cynthia Augustine

Free

Thu 13/05/2021 - 01/07/2021, 09:00 - 11:00, 8 Sessions

Ref: C3679551

Gain the skills, knowledge and qualities required to become an effective volunteer.

Learners will understand how to identify and prepare for local volunteering opportunities.

For more courses to develop your employability skills and confidence, improve your health and well-being and widen your cultural experiences, look at the website www.wea.org.uk

From September 2021 a wide range of accredited courses will be delivered face to face and online: Functional Skills maths and English, L2 Award Support Work in Schools and Colleges, L2 Award in Community Interpreting, English for Speakers of Other Languages, L1 Sewing Skills.

And, check out the website for details of a range of courses, events and lectures for our **Festival of Diversity in May 2021**.

Enrolling Online:

- Make a note of the C number (e.g. C3679551) listed with every course.
- Go to wea.org.uk and in the "Find a Course section" click 'I know the course reference number or branch name'.
- Enter the course reference number (e.g. C3679551) and search.

Alternatively you can enrol by phone by calling 0300 303 34 64.